



### The **Male** Weight Loss & Hormonal Panel

To identify obesity factors in the blood responsible for weight gain in **men** (especially in the abdomen), and age-related disease risks, the **Male Weight Loss Panel** includes measurements of:

- Free testosterone
- Total testosterone
- Cortisol
- A1C
- Estradiol (a potent estrogen)
- DHEA
- TSH (thyroid-stimulating hormone)
- Free T4
- Free T3
- Reverse T3
- Insulin
- Glucose
- Triglycerides
- Total Cholesterol
- LDL (low-density lipoprotein)
- HDL (high-density lipoprotein)
- C-reactive protein
- Liver function
- Kidney Function
- Complete blood cell counts
- Blood chemistry
- Vitamin D
- PSA
- SHBG

### The **Female** Weight Loss & Hormonal Panel

To identify obesity factors in the blood responsible for weight gain in **women** (and age-related disease risks) the **Female Weight Loss Panel** includes measurements of:

- Estradiol (a potent estrogen)
- Progesterone
- Cortisol
- A1C
- TSH (thyroid-stimulating hormone)
- Free T4
- Free T3
- Reverse T3
- Free testosterone
- Total testosterone
- DHEA
- Insulin
- Glucose
- Triglycerides
- Total Cholesterol
- LDL (low-density lipoprotein)
- HDL (high-density lipoprotein)
- C-reactive protein
- Liver function
- Kidney function
- Complete blood cell counts
- Blood chemistry
- Vitamin D
- SHBG